



# ARCHBISHOP CURLEY

HIGH SCHOOL

Athletic Department

## XLNTbrain Baseline Testing

Archbishop Curley HS has joined *XLNTbrain* in the fight against concussion injury in sports.

Concussion awareness education is mandated by

Maryland state law for all athletes and their parents and / or guardians.

This document outlines the steps required for athletes, parents and / or guardians to register at [XLNTbrain.com](http://XLNTbrain.com).

The XLNTbrain Passcode for Archbishop Curley HS is: **CURLEY ATHLETE**

We recommend use Internet Explorer if you are a Windows user or Mozilla FireFox in case you are a Mac user.

**ALL STUDENT ATHLETES MUST COMPLETE TESTING PRIOR TO PARTICIPATING IN SPORTS.**

XLNTbrain testing is free to all families. Directions to register and complete testing can be found below. Any questions, please contact Mr. Marty McGinty, Archbishop Curley Athletic Trainer, [mmcginty@archbishopcurley.org](mailto:mmcginty@archbishopcurley.org).

### Athlete Registration

Go to [www.XLNTbrain.com](http://www.XLNTbrain.com), click "Sign Up" and enter the passcode above to begin your registration. Click "*Join as an Athlete*" after you complete your registration, and then follow these steps:

1. View concussion awareness video and pass brief video quiz
2. Update profile info & accept terms and conditions
3. Manage your teams
4. Take the XLNTbrain Baseline Test

The XLNTbrain Baseline Test takes approximately 25 minutes and is important for your healthcare provider to use as a baseline to compare for your recovery. It is important for you to take the test seriously and be in an environment free of distractions as you test. If you perform poorly on the test, you may be asked to repeat the test under supervision.

### XLNTbrain Baseline Test Quick Guide

Please sign into your account on the website. Once signed in go to the Tests Tab on the left hand side. Or click the link near the top of your screen that asks if you want to take the test now. You will need Microsoft Silverlight installed and updated on your computer to run the test. The install for the test will not start or work if you do not have Silverlight. Once Silverlight is installed and updated, please start the test either from the button on your dashboard or from the Icon on your computer's desktop. *Please keep in mind that the XLNT Cog test is for Athletes only.*

### Guardian Registration

Go to [www.XLNTbrain.com](http://www.XLNTbrain.com), and enter the passcode above to begin your registration. Click "*Join as a Guardian*" after you complete your registration. With your first-time sign-in, you will view a short concussion awareness video. After reviewing the video and passing a brief video quiz, you will need to add your athlete as a dependent. Then you will be able to access your athlete's profile, where you may monitor the progress of your athlete within XLNTbrain. To add your Dependent, please look on the left hand side of your Dashboard you should see a tab called "Relationships". Click on that tab and then click "Add Dependent". You will need to enter your Athlete's XLNT Brain ID in the box. If you enter your Athlete's name it will not work. Your **Athlete's XLNT ID** is listed on their account when they are logged on, in the upper right hand corner. It will look like this: **XLNTbrainID : ZWE2NDU4M**, except with your Athlete's ID of course. Once you enter your Athlete's XLNT ID, click the Add Dependent button and that should link your accounts. You may need to refresh your page or log out of your dashboard and log back in to update the information your dashboard shows.